

MAY MENU

PRESCHOOL

| MONDAY 5/20 | TUESDAY 5/21 | WEDNESDAY 5/22 | THURSDAY 5/23 | FRIDAY 5/24 |
|--|--|--|--|--|
| <p><u>BREAKFAST</u> ½ oz. CORN FLAKES ½ C. FRUIT COCKTAIL 6 oz. MILK</p> <p><u>LUNCH</u> <i>CFC Bento Box</i> 1 oz. TURKEY & ½ oz. CHEESE ½ oz. RITZ CRACKERS ½ C. CUCUMBERS W/RANCH ½ C. GRAPES 6oz. MILK</p> <p><u>SNACK</u> ½ oz. M.G. CRACKERS ½ C. 100% JUICE</p> | <p><u>BREAKFAST</u> ½ oz. SHREDDED WHEAT ½ C. PEACHES 6 oz. MILK</p> <p><u>LUNCH</u> <i>BBQ Chicken Legs</i> 1 ½ oz. CHICKEN LEGS ½ C. MIXED VEGETABLES ½ oz. W.W. ROLL ½ C. PEARS 6 oz. MILK</p> <p><u>SNACK</u> ½ oz. W.W. BREAD WOW BUTTER & ½ C. CELERY</p> | <p><u>BREAKFAST</u> ½ oz. PANCAKES ½ C. APPLESAUCE 6 oz. MILK</p> <p><u>LUNCH</u> <i>Chili Baked Potatoes</i> 1 ½ oz. CHILI W/ GROUND BEEF ½ oz. SLICE OF W.W. BREAD ½ C. BAKED POTATO ½ C. PINEAPPLE 6 oz. MILK</p> <p><u>SNACK</u> ½ C. KIWI ½ oz. W.G. CHEERIOS MIX</p> | <p><u>BREAKFAST</u> ½ oz. W.G. CHEERIOS ½ C. BANANAS 6 oz. MILK</p> <p><u>LUNCH</u> <i>Macaroni & Cheese</i> w/Ham ½ oz. MACARONI 1 oz. CHEESE & ½ oz. HAM ½ C. PEAS ½ C. GREEN APPLES 6 oz. MILK</p> <p><u>SNACK</u> ½ oz. W.W. CRACKERS w/ CREAM CHEESE SPREAD ½ C. KIWI</p> | <p><u>BREAKFAST</u> ½ oz. W.G. OATMEAL W/ RAISINS ½ C. PINEAPPLE 6 oz. MILK</p> <p><u>LUNCH</u> <i>Hot Dog</i> 1 ½ oz. HOT DOG ½ oz. BUN ½ C. CHERRY TOMATOES & CELERY ½ C. PEACHES 6 oz. MILK</p> <p><u>SNACK</u> ½ C. BAKED APPLES ½ oz. GRAHAM CRACKERS</p> |
| MONDAY 5/27 | TUESDAY 5/28 | WEDNESDAY 5/29 | THURSDAY 5/30 | FRIDAY 5/31 |
| <p>CFC CLOSED</p> <p>memorial ★ DAY</p> | <p><u>BREAKFAST</u> ½ oz. LIFE CEREAL ½ C. PEACHES 6 oz. MILK</p> <p><u>LUNCH</u> <i>Ham Roll Up</i> 1 oz. DELI HAM & ½ oz. CHEESE ½ oz. W.W. TORTILLA ½ C. GREEN SALAD w/ RANCH ½ C. ORANGES 6oz. MILK</p> <p><u>SNACK</u> ½ oz. GOLD FISH CRACKERS ½ C. KIWI</p> | <p><u>BREAKFAST</u> ½ oz. FRENCH TOAST STICKS ½ C. TANGERINE 6oz. MILK</p> <p><u>LUNCH</u> <i>Pork & Bean Smokies</i> 1 oz. SMOKIES ½ oz. PORK & BEANS ½ oz. HAWAIIAN ROLL ½ C. COLESLAW ½ C. GREEN APPLE 6 oz. MILK</p> <p><u>SNACK</u> ½ oz. W.G. WHEAT THINS ½ HARD BOILED EGG</p> | <p><u>BREAKFAST</u> ½ oz. OATMEAL ½ C. RAISINS & ¼ C. BANANA 6 oz. MILK</p> <p><u>LUNCH</u> <i>Meatloaf</i> 1 ½ oz. MEATLOAF ½ C. MASHED POTATOES ½ oz. W.W. ROLL ½ C. APPLESAUCE 6 oz. MILK</p> <p><u>SNACK</u> ½ oz. RITZ CRACKERS ½ C. PINEAPPLE</p> | <p><u>BREAKFAST</u> ½ oz. WAFFLES ½ C. BERRIES 6 oz. MILK</p> <p><u>LUNCH</u> <i>Garlic Chicken Tenders</i> 1 ½ oz. CHICKEN ½ C. GREEN BEANS 1oz. W.W. BREAD ½ C. PEARS 6 oz. MILK</p> <p><u>SNACK</u> ½ oz. ANIMAL CRACKERS 6 oz. MILK</p> |

W.W. = WHOLE WHEAT

W.G. = WHOLE GRAIN

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

NOTE Fruit selections are subject to change due to availability

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER