

FEBRUARY/MARCH MENU

PRESCHOOL

MONDAY 2/23	TUESDAY 2/24	WEDNESDAY 2/25	THURSDAY 2/26	FRIDAY 2/27
<u>BREAKFAST</u> ½ oz. W.G. CHEERIOS ½ C. FRUIT COCKTAIL 6oz. MILK <u>LUNCH</u> <i>HAM SANDWICH</i> ½ oz. W.W. BREAD 1 oz. DELI HAM ½ oz. SLICED CHEESE ½ C. CARROT STICKS w /RANCH ¼ C. RED APPLES 6oz. MILK <u>SNACK</u> ½ oz. CLUB CRACKERS ½ oz. CHEESE CUBES	<u>BREAKFAST</u> ½ oz. MINI BAGEL W/ CREAM CHEESE ½ C. GRAPES 6 oz. MILK <u>LUNCH</u> <i>CHICKEN BURGER</i> 1 ½ oz. CHICKEN ½ oz. BUN ½ C. LETTUCE & TOMATO ¼ C. TANGERINE 6 oz. MILK <u>SNACK</u> ½ oz. W.G. WHEAT THINS ½ C. 100% JUICE	<u>BREAKFAST</u> ½ oz. W.G. CORNFLAKES ½ C. BANANAS 6oz. MILK <u>LUNCH</u> <i>OLD FASHIONED GOULASH</i> ¼ C. TOMATOES & ¼ C. CORN 1 ½ oz. GROUND BEEF ½ oz. ELBOW MACARONI ¼ C. ORANGES 6 oz. MILK <u>SNACK</u> <i>YOGURT PARFAITS</i> 2 oz. YOGURT ½ C. BLUEBERRIES ¼ C. GRANOLA	<u>BREAKFAST</u> ½ oz. FRENCH TOAST STICKS ½ C. BERRIES 6 oz. MILK <u>LUNCH</u> <i>BROCCOLI CHEESE SOUP</i> 1 oz. CHEESE & ½ oz. BACON ½ oz. W.G. BREAD SLICE ½ C. BROCCOLI ¼ C. MELON 6 oz. MILK <u>SNACK</u> ½ oz. PRETZELS ½ C. MANGO	<u>BREAKFAST</u> ½ oz. W.G. TOAST W/ JELLY ½ C. MIXED FRUIT 6 oz. MILK <u>LUNCH</u> <i>PIZZA MUFFINS</i> ½ oz. W.G. ENGLISH MUFFIN 1 oz. CHEESE ½ oz. PEPPERONI ½ C. GREEN SALAD w/ DRESSING ¼ C. MIXED FRUIT 6 oz. MILK <u>SNACK</u> ½ oz. GRAHAM CRACKERS 6oz. MILK
MONDAY 3/2	TUESDAY 3/3	WEDNESDAY 3/4	THURSDAY 3/5	FRIDAY 3/6
<u>BREAKFAST</u> ½ oz. W.G. CORN FLAKES ½ C. PEACHES 6oz. MILK <u>LUNCH</u> <i>CFC LUNCHABLE</i> ½ oz. RITZ CRACKERS ½ oz. CHEESE SLICE/ 1 oz. TURKEY ½ C. CELERY w/ RANCH ¼ C. PEARS 6 oz. MILK <u>SNACK</u> ½ oz. GOLDFISH CRACKERS 4 oz. 100% JUICE	<u>BREAKFAST</u> ½ oz. W.G. OATMEAL ¼ C. APPLES & ¼ C. RAISINS 6 oz. MILK <u>LUNCH</u> <i>ITALIAN PASTA SALAD</i> ½ oz. TRI COLOR SPIRAL PASTA 1 oz. SALAMI, PEPPERONI & ½ oz. CHEESE CUBES ¼ C. OLIVES ¼ C. RED & GREEN BELL PEPPERS ¼ C. HONEYDEW 6 oz. MILK <u>SNACK</u> ½ oz. RITZ CRACKERS ¼ C. CELERY W/ CREAM CHEESE	<u>BREAKFAST</u> ½ oz. W.G. ENGLISH MUFFINS W/ JELLY ½ C. STRAWBERRIES 6oz. MILK <u>LUNCH</u> <i>SWEET & SOUR MEATBALLS</i> 1 ½ oz. MEATBALLS ½ oz. BROWN RICE ½ C. STIR FRY VEGGIES ¼ C. MELON 6oz. MILK <u>SNACK</u> ½ oz. CLUB CRACKERS ½ oz. STRING CHEESE	<u>BREAKFAST</u> ½ oz. SCRAMBLED EGGS ½ C. TANGERINE 6 oz. MILK <u>LUNCH</u> <i>HAMBURGER</i> 1 oz. GROUND BEEF ½ oz. SLICED CHEESE ½ oz. BUN ½ C. LETTUCE & TOMATO ¼ C. MANDARIN ORANGES 6 oz. MILK <u>SNACK</u> <i>BANANA ROLL UP</i> ½ oz. W, G,, TORTILLA W/ JELLY ¼ C. BANANA SE	<u>BREAKFAST</u> ½ oz. BAGELS & CREAM CHEESE ½ C. MIXED FRUIT 6 oz. MILK <u>LUNCH</u> <i>BEEF STROGANOFF</i> ½ oz. NOODLES 1 ½ oz. GROUND BEEF ½ C. GREEN BEANS ¼ C. MIXED FRUIT 6 oz. MILK <u>SNACK</u> ½ C.. CORNY SALSA ½ oz. TORTILLA CHIPS

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

NOTE Fruit selections are subject to change due to availability

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MARCH MENU

PRESCHOOL

MONDAY 3/9	TUESDAY 3/10	WEDNESDAY 3/11	THURSDAY 3/12	FRIDAY 3/13
<u>BREAKFAST</u> ½ oz. W.G. TORTILLA w/ BUTTER ½ C. PEACHES 6 oz. MILK <u>LUNCH</u> HAM SANDWICH 1 oz. DELI HAM ½ oz. W.G. BREAD ½ oz. AMERICAN CHEESE ½ C. CARROT STICKS WITH RANCH ¼ C. PINEAPPLE 6 oz. MILK <u>SNACK</u> ½ oz. GRAHAM CRACKERS ¼ C. RED APPLES	<u>BREAKFAST</u> ½ oz. PANCAKE ½ C. BERRIES 6 oz. MILK <u>LUNCH-BISTRO</u> CHICKEN & RICE CASSEROLE ½ oz. RICE 1 ½ oz. CHICKEN ½ C. MIXED VEGGIES ¼ C. FRUIT COCKTAIL 6 oz. MILK <u>SNACK</u> 1 oz. W.G. SNACK MIX ¼ C. BANANAS	<u>BREAKFAST</u> ½ oz. W.G. CHEERIOS ½ C. APPLES 6 oz. MILK <u>LUNCH</u> SLOPPY JOES 1 ½ oz. GROUND BEEF ½ C. MIXED VEGGIES ½ oz. BUN ¼ C. TANGERINES 6 oz. MILK <u>SNACK</u> ½ C. CUCUMBERS ½ oz. PITA BREAD w/TZATZIKI	<u>BREAKFAST</u> ½ oz. W.G. OATMEAL W/ RAISINS ½ C. ORANGES 6 oz. MILK <u>LUNCH</u> HOTDOGS 1 ½ oz. HOTDOGS ½ oz. BUN ½ C. BAKED BEANS ¼ C. GRAPES 6 oz. MILK <u>SNACK</u> ½ oz. BAGELS W/ CREAM CHEESE ½ C. CANTALOUPE	<u>BREAKFAST</u> 1 oz. SAUSAGE PATTY ½ C. MIXED FRUIT 6 oz. MILK <u>LUNCH</u> CHICKEN & BISCUITS 1 ½ oz. CHICKEN TENDERS ½ C. CORN ON THE COB ½ oz. BISCUIT ¼ C. MIXED FRUIT 6 oz. MILK <u>SNACK</u> ½ C. GUACAMOLE ½ oz. W.G. TOAST
MONDAY 3/16	TUESDAY 3/17	WEDNESDAY 3/18	THURSDAY 3/19	FRIDAY 3/20
<u>BREAKFAST</u> ½ C. W.G. CHEERIOS ½ C. PEARS 6 oz. MILK <u>LUNCH</u> LASAGNA ½ serv. LASAGNA ½ oz. PASTA ½ C. SALAD W/DRESSING ¼ c. FRUIT COCKTAIL 6 oz. MILK <u>SNACK</u> ½ oz. WHEAT THINS ½ oz. COTTAGE CHEESE3	<u>BREAKFAST</u> 1 HARD BOILED EGG ½ C. KIWI 6 oz. MILK <u>LUNCH</u> CHICKEN SAUSAGE PASTA 1 ½ oz. KIELBASA SAUSAGE & SHREDDED CHICKEN ½ oz. PENNE PASTA ½ C. SPINACH ¼ C. GRAPES 6 oz. MILK <u>SNACK</u> 1 oz. HUMMUS& ½ oz. RITZ ½ C. CELERY	<u>BREAKFAST</u> ½ oz. WAFFLE ½ C. BLUEBERRIES 6 oz. MILK <u>LUNCH</u> MACARONI & CHEESE ½ oz. MACARONI 1 oz. CHEESE ½ oz. HAM PIECES ½ C. PEAS ¼ C. PINEAPPLE 6 oz. MILK <u>SNACK</u> ½ oz. PRETZELS ½ oz. STRING CHEESE	<u>BREAKFAST</u> ½ oz. W.G. TORTILLAS W/ CREAM CHEESE ½ C. STRAWBERRIES 6 oz. MILK <u>LUNCH</u> MEATLOAF 1 ½ oz. MEATLOAF ½ C. GREEN BEANS ½ oz. W.G. ROLL ¼ c. APPLESAUCE 6 oz. MILK <u>SNACK</u> ½ oz. GOLD FISH CRACKERS ½ C. 100% JUICE	<u>BREAKFAST</u> ½ C. W.G. OATMEAL WITH RAISINS ½ C. APPLES 6 oz. MILK <u>LUNCH</u> CHINESE CHICKEN SALAD 1 ½ oz. SHREDDED CHICKEN ½ C. LETTUCE ½ oz. NOODLES & ½ oz. GARLIC ¼ C. BANANAS 6 oz. MILK <u>SNACK</u> ½ oz. ANIMAL CRACKERS 2 oz. YOGURT

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