

APRIL MENU

PRESCHOOL

| MONDAY 4/8 | TUESDAY 4/9 | WEDNESDAY 4/10 | THURSDAY 4/11 | FRIDAY 4/12 |
|---|--|---|--|---|
| <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ NUTRIGRAIN BARS ¼ C. CANNED PEARS 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>BOLOGNA SANDWICH</i></p> <p>½ oz. W.W. BREAD ¼ C. TOMATOES & SHREDDED LETTUCE 1 ½ oz. BOLOGNA ¼ C. APPLESAUCE 6oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. WHEAT THINS ½ oz. CHEESE CUBES</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G.SHREDDED WHEAT ¼ C. TANGERINES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH-BISTRO</u> <i>CHICKEN ALFREDO</i></p> <p>1 ½ oz. CHICKEN TENDERS ¼ oz. PASTA ¼ C. SALAD w/ RANCH ¼ C. FRUIT COCKTAIL 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. ANIMAL CRACKERS 4oz. MILK</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. OATMEALW/ RAISINS ¼ C. ORANGES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>CHICKEN TENDERS</i></p> <p>1 ½ oz. CHICKEN TENDERS ¼ C. TATOR TOTS ½ oz. W.G ROLL ¼ C. KIWI 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. RITZ CRACKERS 1/2 C. 100% GRAPE JUICE</p> | <p style="text-align: center;"><i>Grandparent's Day!</i> <i>10:30-LUNCH</i> <u>BREAKFAST</u></p> <p>½ oz. W.W. TOAST ¼ C. BANANAS 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>BBQ CHICKEN LEGS</i></p> <p>1 ½ oz. BBQ CHICKEN LEGS ½ oz. HAWAIIAN ROLL ¼ C. COLESLAW ¼ C. PINEAPPLE CHUNKS 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. GOLD FISH CRACKERS ½ C. CELERY STICKS W/ RANCH</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G.WAFFLES ¼ C. STRAWBERRIES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>BEEF GOULASH</i></p> <p>1 ½ oz. GROUND BEEF ½ oz. ELBOW PASTA ¼ C. WHOLE KERNEL CORN ¼ C. RED APPLES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. CLUB CRACKERS ½ oz. SLICE OF AMERICAN CHEESE</p> |
| MONDAY 4/15 | TUESDAY 4/16 | WEDNESDAY 4/17 | THURSDAY 4/18 | FRIDAY 4/19 |
| <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. CHEERIOS ¼ C. PEARS 6oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>TURKEY SANDWICHES</i></p> <p>½ oz. W.W. BREAD 1 oz. DELI TURKEY ½ oz. AMERICAN CHEESE ¼ C. BROCCOLI w/RANCH ¼ C. PEACHES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. OYSTER CRACKERS ¼ C. 100% APPLE JUICE</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G OATMEAL ¼ C. BLUEBERRIES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>BENTO BOX</i></p> <p>½ oz. CRACKERS 1 oz. SLICED TURKEY ½ oz. SLICED CHEESE ¼ C. CARROT STICKS W/ RANCH ¼ C. GREEN APPLES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. PITA BREAD W/ HUMMUS 4 oz. MILK</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. LIFE CEREAL ¼ C. GRAPES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>SPAGHETTI</i></p> <p>1 ½ oz. MEATSAUCE ½ oz. PASTA ¼ C. ZUCCHINI ¼ C. ORANGES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>¼ C. BANANA 2 oz. YOGURT</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. MINI W.G. BAGEL W/CREAM CHEESE ½ C. MELON 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>BEEF STROGANOFF</i></p> <p>2 oz. GROUND BEEF ½ oz. NOODLES ½ C. GREEN BEANS ¼ C. TANGERINES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. STRING CHEESE ½ oz. CLUB CRACKERS</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½oz. BISCUIT ¼ C. APPLESAUCE 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>CORN DOGS</i></p> <p>½ serv. CORNDOGS ½ C. SWEET POTATO FRIES ¼ C. JICAMA 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. M.G. CRACKERS ¼ C. FRESH PEA PODS W/ RANCH</p> |

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

NOTE Fruit selections are subject to change due to availability

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

APRIL/MAY MENU

PRESCHOOL

| MONDAY 4/22 | TUESDAY 4/23 | WEDNESDAY 4/24 | THURSDAY 4/25 | FRIDAY 4/26 |
|--|---|---|---|---|
| <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. SHREDDED WHEAT ½ C. FRUIT COCKTAIL 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>HAM SANDWICH</i></p> <p>½ oz. W.W. BREAD 1 oz. DELI HAM ½ oz. SLICED CHEESE ½ C. CARROT STICKS ½ C. RED APPLES 6oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. CLUB CRACKERS ½ C. 100% ORANGE JUICE</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. MINI BAGEL w/ CREAM CHEESE ½ C. GRAPES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>LEMON CHICKEN</i></p> <p>1 ½ oz. CHICKEN TENDERS ½ oz. HAWAIIAN ROLL ½ C. KERNEL CORN ½ C. PINEAPPLE 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. W.G. WHEAT THINS ½ oz. CHEESE CUBES</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. CHEERIOS ½ C. BANANAS 6oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>SPAGHETTI</i></p> <p>½ C. COOKED ZUCCHINI 1 ½ oz. GROUND BEEF ½ oz. SPAGHETTI PASTA ¼ C. ORANGES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>4 oz. YOGURT 1/8 C. GRANOLA</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. FRENCH TOAST STICKS ½ C. GREEN APPLE SLICES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>CHICKEN SOUP</i></p> <p>1 ½ oz. CHICKEN ½ oz. W.W. ROLL ½ C. PEAS & CARROTS ¼ C. GREEN GRAPES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. RITZ CRACKERS ½ C. KIWI</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. OATMEAL w/ RAISINS ½ C. TANGERINE 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>PIZZA MUFFINS</i></p> <p>½ oz. ENGLISH MUFFIN 1 oz. CHEESE ½ oz. PEPPERONI ½ C. GREEN SALAD w/ DRESSING ¼ C. PINEAPPLE 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. GRAHAM CRACKERS 4oz. MILK</p> |
| MONDAY 4/29 | TUESDAY 4/30 | WEDNESDAY 5/1 | THURSDAY 5/2 | FRIDAY 5/3 |
| <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. CHEX CEREAL ½ C. PEACHES 6oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>CFC LUNCHABLE</i></p> <p>½ oz. RITZ CRACKERS ½ oz. CHEESE SLICE/1 oz. TURKEY ½ C CELERY w/ RANCH ¼ C. PEARS 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. GOLDFISH CRACKERS ½ C. CARROT STICKS w/ RANCH</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.W. TORTILLAS w/ WOW BUTTER ½ C. RED APPLES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>ITALIAN PASTA SALAD</i></p> <p>½ oz. TRI COLOR SPIRAL PASTA 1 oz. SALAMI, PEPPERONI ½ oz. CHEESE CUBES ¼ C. OLIVES ¼ C. RED & GREEN BELL PEPPERS ¼ C. TANGERINES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. PEA CRISPS 4 oz. MILK</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. BELVITA ¼ C. APPLESAUCE 6oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>HAMBURGER</i></p> <p>1 ½ oz. GROUND BEEF ½ oz. SLICED CHEESE ¼ oz. BUN ¼ C. LETTUCE & TOMATO ¼ C. MELON 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. MINI PRETZELS ½ HARD BOILED EGG</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. W.G. OATMEAL w/RAISINS ½ C. KIWI 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>ITALIAN CHICKEN PASTA</i></p> <p>1 ½ oz. CHICKEN ½ oz. PASTA ¼ C. GREEN BEANS ¼ C. ORANGES 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ oz. CLUB CRACKERS ½ oz. STRING CHEESE</p> | <p style="text-align: center;"><u>BREAKFAST</u></p> <p>½ oz. BAGELS & CREAM CHEESE ½ C. GREEN APPLES 6 oz. MILK</p> <p style="text-align: center;"><u>LUNCH</u> <i>TUNA SANDWICH</i></p> <p>½ oz. W.W. BREAD 1 ½ oz. TUNA ¼ C. CHERRY TOMATOES ¼ C. TANGERINE 6 oz. MILK</p> <p style="text-align: center;"><u>SNACK</u></p> <p>½ C. BERRY SMOOTHIE ½ oz. ANIMAL CRACKER</p> |

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