

## MAY MENU

## PRESCHOOL

MONDAY 5/8	TUESDAY 5/9	WEDNESDAY 5/10	THURSDAY 5/11	FRIDAY 5/12
<p><b><u>BREAKFAST</u></b></p> <p>½ oz. W.W. TORTILLA w/ WOW BUTTER</p> <p>½ C. CANNED PEACHES</p> <p>6oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>HAM SANDWICH</i></p> <p>1 oz. DELI HAM</p> <p>½ slice W.G. BREAD</p> <p>½ oz. AMERICAN CHEESE</p> <p>¼ C. CARROT STICKS WITH RANCH</p> <p>¼ C. PINEAPPLE</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. GRAHAM CRACKERS</p> <p>6 oz. MILK</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ oz. PANCAKE</p> <p>½ C. APPLESAUCE</p> <p>6 oz. MILK</p> <p><b><u>LUNCH-BISTRO</u></b></p> <p><i>ITALIAN BAKED TILAPIA</i></p> <p>1 ½ oz. TILAPIA FILLET</p> <p>¼ C. GARLIC GREEN BEANS</p> <p>½ oz. W.G. RICE</p> <p>¼ C. PEARS</p> <p>6 oz.. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. ANIMAL CRACKERS</p> <p>¼ C. FRUIT COCKTAIL</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ oz. CHEERIOS</p> <p>½ C. BANANAS</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>CHICKEN NOODLE SOUP</i></p> <p>1 ½ oz. CHICKEN</p> <p>¼ oz. NOODLES</p> <p>¼ C. MIXED VEGGIES</p> <p>¼ oz. ROLL</p> <p>¼ C. TANGERINES</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ C. APPLES</p> <p>½ oz. W.W.PITA BREAD w/HUMMUS</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ oz. W.G. OATMEAL W/ RAISINS</p> <p>½ C. ORANGES</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>MEATBALL SLIDERS</i></p> <p>1 ½ oz. MEATBALL</p> <p>½ oz. HAWAIIAN ROLL</p> <p>1/8 C. PASTA SAUCE</p> <p>1/8 C. CORN</p> <p>¼ C. APPLES</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. VANILLA WAFERS</p> <p>½ C. PEARS</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ oz. W.G. RICE KRISPIES</p> <p>½ C. TANGERINE</p> <p>6oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>CHICKEN TENDERS</i></p> <p>1 ½ oz. CHICKEN TENDERS</p> <p>¼ C. SWEET POTATO FRIES</p> <p>½ oz. BISCUIT</p> <p>¼ C. PEACHES</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. SALTINES</p> <p>½ oz. CHEESE CUBES</p>
MONDAY 5/15	TUESDAY 5/16	WEDNESDAY 5/17	THURSDAY 5/18	FRIDAY 5/19
<p><b><u>BREAKFAST</u></b></p> <p>½ serv. NUTRIGRAIN BARS</p> <p>½ C. PEACHES</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>TURKEY ROLL UPS</i></p> <p>½ oz. W.W. TORTILLA</p> <p>1 oz. DELI TURKEY ½ oz. CHEESE</p> <p>¼ C. SALAD W/DRESSING</p> <p>¼ c. FRUIT COCKTAIL</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ HARD BOILED EGG</p> <p>½ oz. WHEAT THINS</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ C. W.G. LIFE CEREAL</p> <p>½ C. KIWI</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>CHICKEN SAUSAGE PASTA</i></p> <p>1 ½ oz. KIELBASA SAUSAGE &amp; SHREDDED CHICKEN</p> <p>½ oz. PENNE PASTA</p> <p>¼ C. SPINACH</p> <p>¼ C. GRAPES</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. RITZ W/ WOW BUTTER</p> <p>¼ C. CELERY</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ serv. W.W.WAFFLE</p> <p>½ C. BERRIES</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>MACARONI &amp; CHEESE</i></p> <p>½ oz. MACARONI</p> <p>1oz. CHEESE</p> <p>½ oz. HAM PIECES</p> <p>¼ C. PEAS</p> <p>¼ C. PINEAPPLE</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. PRETZELS</p> <p>½ oz. STRING CHEESE</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ oz. RICE KRISPIES</p> <p>½ C. MELON</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>MEATLOAF</i></p> <p>1 ½ oz. MEATLOAF</p> <p>¼ C. SMASHED POTATOES w/ SMASHED CARROTS</p> <p>½ oz. W.W. ROLL</p> <p>¼ C. APPLESAUCE</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. GOLD FISH CRACKERS</p> <p>½ C. 100% JUICE</p>	<p><b><u>BREAKFAST</u></b></p> <p>½ oz. W.G.OATMEAL WITH RAISINS</p> <p>½ C. GREEN APPLES</p> <p>6 oz. MILK</p> <p><b><u>LUNCH</u></b></p> <p><i>TOMATO HAMBURGER SOUP</i></p> <p>1 ½ oz. GROUND BEEF</p> <p>¼ C. MIXED VEGGIES</p> <p>½ OZ. GARLIC BREAD</p> <p>¼ C. BANANAS</p> <p>6 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ oz. CLUB CRACKERS</p> <p>2 oz. YOGURT</p>

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk


\*\*\*NOTE\*\*\* Fruit selections are subject to change due to availability

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



# MAY/JUNE MENU

## PRESCHOOL

MONDAY 5/22	TUESDAY 5/23	WEDNESDAY 5/24	THURSDAY 5/25	FRIDAY 5/26
<p><b><u>BREAKFAST</u></b>                      ½ oz. BAGELS W/ CREAM CHEESE                      ½ C. SLICED PEACHES                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Turkey Sandwiches</i>                      ½ oz. DELI TURKEY                      ½ oz. CHEESE                      ½ oz. W.W. BREAD                      ¼ C. LETTUCE/TOMATO/PICKLES                      ¼ C. KIWI                      6oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. GOLDFISH CRACKERS                      ½ C. ORANGES</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. W.G. OATMEAL                      1/2 C. RAISINS &amp; APPLES                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Pizza Muffin</i>                      ½ oz. ENGLISH MUFFIN                      1 oz. CHEESE ¼ oz. PEPPERONI                      1/8 C. OLIVES &amp; 1/8 C. CELERY STICKS                      ¼ C. GRAPES                      6 oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. PRETZELS                      ½ C. FRUIT COCKTAIL</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. PANCAKES                      ½ C. BANANAS                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Enchilada Rice</i>                      1 oz. BLACK BEANS /1 oz. CHEESE                      ½ oz. W.G. RICE                      ¼ C. TOMATOES/ONION                      ¼ C. MANGOS                      6 oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. STRING CHEESE                      ¼ C. KIWI</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. HASHBROWNS                      ½ HARD BOILED EGG                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Baked Sausage with Herbed Beans</i>                      1 oz. ITALIAN SAUSAGE &amp;                      ½ oz. Parmigiano-Reggiano cheese.                      ¼ C. CANNELLINI BEANS                      ½ oz. W.W. ROLL                      ¼ C. APPLESAUCE                      6oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. HUMMUS                      ½ C. CARROT STICKS                      ½ oz. PITA BREAD</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. RICE KRISPIES                      ½C. PEARS                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Ham &amp; Cheese Quiche</i>                      ½ oz. EGGS                      ½ oz. CHEESE &amp; 1/2 oz. HAM                      ¼ C. COOKED BROCCOLI                      ½ oz. PIE CRUST                      ¼ C. TANGERINES                      6 oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. W.G.CHEERIOS MIX                      6 oz. MILK</p>
MONDAY 5/29	TUESDAY 5/30	WEDNESDAY 5/31	THURSDAY 6/1	FRIDAY 6/2
<p><b>CFC CLOSED</b></p> <div style="text-align: center;">  <p>MEMORIAL DAY                      * HONORING ALL WHO SERVED *</p> </div>	<p><b><u>BREAKFAST</u></b>                      ½ oz. WAFFLES                      ½ C. STRAWBERRIES                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Chicken Fried Rice</i>                      1 ½ oz. CHICKEN                      ½ oz. W.G. RICE                      ¼ C. MIXED VEGGIES                      ¼ C. PINEAPPLE                      6 oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. GRAHAM CRACKERS                      2 oz. YOGURT</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. W.G. SHREDDED WHEAT                      ½ C. PEARS                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Meatball Sliders</i>                      1 ½ oz. MEATBALLS                      ½ oz. HAWAIIAN ROLL                      ¼ C. ZUCCHINI                      ¼ C. GREEN APPLES                      6oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. OYSTER CRACKERS                      ½ oz. CHEESE CUBES</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. W.G. CHEERIOS                      ½ C. BANANAS                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Chicken Noodle Soup</i>                      1 ½ oz. CHICKEN                      ½ oz. PASTA                      ¼ C. CELERY, CARROTS,                      ZUCCHINI                      ¼ C. ORANGES                      6 oz. MILK</p> <p><b><u>SNACK</u></b>                      1 TBS. WOW BUTTER                      ½ oz. RITZ CRACKERS</p>	<p><b><u>BREAKFAST</u></b>                      ½ oz. W.G. OATMEAL                      ½ C. RAISINS &amp; RED APPLES                      6 oz. MILK</p> <p><b><u>LUNCH</u></b>  <i>Cowboy Beans</i>                      1 ½ oz. BEANS &amp; GROUND BEEF                      ½ oz. SLICED W.W. BREAD                      ¼ C. CORN                      ¼ C. GRAPES                      6 oz. MILK</p> <p><b><u>SNACK</u></b>                      ½ oz. WHEAT THINS                      ½ C. 100% JUICE</p>

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

W.W.= WHOLE WHEAT

W.G.= WHOLE GRAIN

\*\*\*NOTE\*\*\* Fruit selections are subject to change due to availability

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER