

MAY MENU

PRESCHOOL

MONDAY 5/9	TUESDAY 5/10	WEDNESDAY 5/11	THURSDAY 5/12	FRIDAY 5/13
<p>BREAKFAST</p> <p>½ C. RICE KRISPIES ½ C. APPLESAUCE 6 oz. MILK</p> <p>LUNCH <i>CFC BENTO BOX</i></p> <p>4 RITZ CRACKERS ½ oz. CHEESE 1 oz. TURKEY 1/8 C. CHERRY TOMATOES 1/8 C. CUCUMBER SLICES ½ C. PEACHES 6 oz. MILK</p> <p>SNACK</p> <p>½ serv. PITA BREAD w/ HUMMUS ½ C. APPLES</p>	<p>BREAKFAST</p> <p>½ serv. NUTRIGRAIN BAR ½ C. ORANGES 6 oz. MILK</p> <p>LUNCH <i>MEATLOAF</i></p> <p>1 ½ oz. MEATLOAF ½ C. MASHED POTATOES w/ GRAVY ½ ROLL ½ C. FRUIT COCKTAIL 6 oz. MILK</p> <p>SNACK</p> <p>4 RITZ CRACKERS ½ oz. STRING CHEESE <i>CFC FAMILY BBQ 5:30</i></p>	<p>BREAKFAST</p> <p>2 FRENCH TOAST STICKS ½ C. FRUIT COCKTAIL 6 oz. MILK</p> <p>LUNCH <i>SPAGHETTI LASAGNA</i></p> <p>½ C. PASTA ½ oz. MEAT ½ C. COOKED ZUCCHINI w/ SAUSAGE ½ C. BANANA 6 oz. MILK</p> <p>SNACK</p> <p>½ C. CORNY SALSA ½ oz. TORTILLA CHIPS</p>	<p>BREAKFAST</p> <p>½ C. OATMEAL w/ RAISINS ½ C. TANGERINES 6 oz. MILK</p> <p>LUNCH <i>TERIYAKI DRUMSTICKS</i></p> <p>1 ½ oz. CHICKEN DRUMSTICK ½ C. RAINBOW RICE ½ C. MIXED VEGETABLES ½ C. PINEAPPLE 6 oz. MILK</p> <p>SNACK</p> <p>½ oz. CEREAL SNACK MIX ½ C. GREEN APPLES</p>	<p>BREAKFAST</p> <p>½ ENGLISH MUFFINS w/ CHEESE SLICE ½ RED APPLES 6 oz. MILK</p> <p>LUNCH <i>CHICKEN ENCHILADAS</i></p> <p>1 ½ oz. SHREDDED CHICKEN ½ CORN TORTILLAS ½ C. WHOLE PINTO BEANS ½ C. KIWI 6 oz. MILK</p> <p>SNACK</p> <p>8 ANIMAL CRACKERS ½ C. 100% JUICE</p>
<p>BREAKFAST</p> <p>½ C. CHEERIOS ½ C. APRICOTS 6 oz. MILK</p> <p>LUNCH <i>HAM SANDWICH</i></p> <p>1 oz. HAM ½ slice w./w. BREAD ½ oz. CHEESE SLICE ½ C. GREEN SALAD w/ DRESSING ½ C. APPLES 6 oz. MILK</p> <p>SNACK</p> <p>5 CLUB CRACKERS ½ C. OLIVES</p>	<p>BREAKFAST</p> <p>½ MINI BAGELS w/ CREAM CHEESE ½ C. GRAPES 6 oz. MILK</p> <p>LUNCH <i>FISH TACOS</i></p> <p>1 ½ oz. FISH STICKS ½ C. COLESLAW ½ C. CORN TORTILLA ½ C. PINEAPPLE 6 oz. MILK</p> <p>SNACK</p> <p>½ HARD BOILED EGG 7 PRETZELS</p>	<p>BREAKFAST</p> <p>½ serv. BELVITA ½ C. TANGERINE 6 oz. MILK</p> <p>LUNCH <i>BEEF STROGANOFF</i></p> <p>½ C. PASTA NOODLES 1 ½ oz. GROUND BEEF ½ C. GREEN BEANS ½ C. ORANGES 6 oz. MILK</p> <p>SNACK</p> <p>½ C. CARROTS & CELERY STICKS w/ RANCH 6 WHEAT THINS</p>	<p>BREAKFAST</p> <p>½ C. SHREDDED WHEAT ½ C. BANANAS 6 oz. MILK</p> <p>LUNCH <i>GROUND TURKEY w/ RED BEANS & RICE</i></p> <p>1 ½ oz. GROUND TURKEY ½ RICE ½ C. BEANS ½ PEARS 6 oz. MILK</p> <p>SNACK</p> <p>½ C. GOLD FISH ½ C. GRAPES</p>	<p>BREAKFAST</p> <p>½ PANCAKE ½ C. BERRIES 6 oz. MILK</p> <p>LUNCH <i>CHICKEN NUGGETS</i></p> <p>½ serv. CHICKEN NUGGETS 1 sm. CORN ON THE COB ½ ROLL ½ C. PEACHES 6 oz. MILK</p> <p>SNACK</p> <p>½ 8" w./w. TORTILLA w/ GUACAMOLE ½ C. CHERRY TOMATOES</p>

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

NOTE Fruit selections are subject to change due to availability

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