

# JULY/AUGUST MENU

## SCHOOL AGE

MONDAY 7/29	TUESDAY 7/30	WEDNESDAY 7/31	THURSDAY 8/1	FRIDAY 8/2
<p><b><u>BREAKFAST</u></b></p> <p>1 oz. CORN FLAKES ½ C. FRUIT COCKTAIL 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>CFC BENTO BOX</i></p> <p>1 oz. RITZ CRACKERS 1 oz. CHEESE 1 oz. TURKEY ½ C. BROCCOLI W/RANCH ¼ C. GRAPES 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. W.W. PITA BREAD w/ HUMMUS ¾ C. RED APPLES</p>	<p><b><u>BREAKFAST</u></b></p> <p>1 of 1 SCRAMBLED EGG ½ c. ORANGES 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>CHICKEN TENDERS</i></p> <p>2 oz. CHICKEN TENDERS ½ C. MASHED POTATOES 1 oz. W.W. ROLL ¼ C. APPLESAUCE 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. RITZ CRACKERS 1 oz. STRING CHEESE</p>	<p><b><u>BREAKFAST</u></b></p> <p>1 oz. FRENCH TOAST STICKS ½ C. BANANA 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>SPAGHETTI</i></p> <p>1 oz. PASTA 2 oz. MEAT w/SAUCE ½ C. COOKED ZUCCHINI ¼ C. PEACHES 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. CHEESE CUBES 1 oz. M.G. CRACKERS</p>	<p><b><u>BREAKFAST</u></b></p> <p>1 oz. W.G. OATMEAL w/RAISINS ½ C. TANGERINES 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>PIZZA MUFFINS</i></p> <p>1 oz. PEPPERONI &amp; 1 oz. CHEESE 1oz. ENGLISH MUFFIN ½ C. GREEN SALAD W/RANCH ¼ C. PINEAPPLE 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. YOGURT 1oz. ANIMAL CRACKERS</p>	<p><b><u>BREAKFAST</u></b></p> <p>1 oz. W.G. CHEERIOS ½ C. GREEN APPLES 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>BEAN &amp; CHEESE BURRITOS</i></p> <p>1 oz. TORTILLA 1 oz. BEANS&amp; 1 oz. CHEESE ¼ C. SALSA &amp; ¼ C. OLIVES ¼ C. KIWI 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. CHURROS ¾ C. MILK</p>
MONDAY 8/5	TUESDAY 8/6	WEDNESDAY 8/7	THURSDAY 8/8	FRIDAY 8/9
<p><b><u>BREAKFAST</u></b></p> <p>1 oz. CHEERIOS ½ c. PEARS 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>HAM SANDWICH</i></p> <p>1 oz. HAM 1 oz. W.W. BREAD 1 oz. CHEESE SLICE ½ C. GREEN SALAD w/ DRESSING ¼ C. APPLES 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. CLUB CRACKERS 1 oz. CHEESE CUBES</p>	<p><b><u>BREAKFAST</u></b></p> <p>1oz. MINI BAGELS w/ CREAM CHEESE ½ C. GRAPES 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>GOULASH</i></p> <p>2 oz. GROUND BEEF ½ C. CORN 1 oz. PASTA ¼ C. PEARS 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>¾ C. MANGOS 1 oz. GRAHAM CRACKERS</p>	<p><b><u>BREAKFAST</u></b></p> <p>1 oz. OATMEAL ½ C. TANGERINE/RAISINS 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>LITTLE SMOKIES</i></p> <p>1 oz. W.W. ROLL 2 oz. LIL SMOKIES ½ C. GREEN SALAD W/ RANCH ¼ C. ORANGES 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>¾ C. CARROTS &amp; CELERY STICKS w/ RANCH 1 oz. WHEAT THINS</p>	<p><b><u>BREAKFAST</u></b></p> <p>1 oz. SHREDDED WHEAT ½ C. BANANAS 8 oz. MILK</p> <p><b><u>LUNCH</u></b> <i>ITALIAN PASTA SALAD</i></p> <p>1 oz. SALAMI &amp; 1 oz. CHEESE CUBES 1 oz. SPIRAL PASTA ¼ C. CHERRY TOMATOES &amp; ¼ C. SLICED OLIVES / ITALIAN DRESSING ¼ C. PEARS 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>1 oz. GOLD FISH ¾ C. GRAPES</p>	<p><b><u>BREAKFAST</u></b></p> <p>2 oz. BREAKFAST SAUSAGE ½ C. HASHBROWN PATTY 8 oz. MILK <i>Fruit cocktail</i></p> <p><b><u>LUNCH</u></b> <i>BBQ CHICKEN DRUMSTICKS</i></p> <p>2 oz. CHICKEN 1oz. HAWAIIAN ROLL ½ C. COLESLAW ¼ C. WATERMELON 8 oz. MILK</p> <p><b><u>SNACK</u></b></p> <p>½ C. W.W. TOAST w/ ¼ C. GUACAMOLE ½ C. CHERRY TOMATOES</p>

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

\*\*\*NOTE\*\*\* Fruit selections are subject to change due to availability

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