

APRIL MENU

PRESCHOOL

| MONDAY 4/20 | TUESDAY 4/21 | WEDNESDAY 4/22 | THURSDAY 4/23 | FRIDAY 4/24 |
|---|---|---|--|--|
| <p><u>BREAKFAST</u></p> <p>½ oz. W.G. CORN FLAKES ½ C. FRUIT COCKTAIL 6 oz. MILK</p> <p><u>LUNCH</u> CFC BENTO BOX</p> <p>½ oz. RITZ CRACKERS ½ oz. CHEESE 1 oz. HAM ½ C. CELERY STICKS ¼ C. PEACHES 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ oz. W.G. PITA BREAD w/ HUMMUS ½ C. RED APPLES</p> | <p><u>BREAKFAST</u></p> <p>½ oz. FRENCH TOAST STICKS ½ C. BANANA 6 oz. MILK</p> <p><u>LUNCH</u> CHICKEN TENDERS</p> <p>1 ½ oz. CHICKEN TENDERS ½ C. MASHED POTATOES ½ oz. W.G. SLICED BREAD ¼ C. APPLESAUCE 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ oz. W.G. CRACKERS ½ oz. STRING CHEESE</p> | <p><u>BREAKFAST</u></p> <p>1 SCRAMBLED EGG ½ c. ORANGES 6 oz. MILK</p> <p><u>LUNCH</u> SPAGHETTI</p> <p>½ oz. PASTA 1 ½ oz. MEAT w/SAUCE ½ C. COOKED ZUCCHINI ¼ C. KIWI 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ C. CARROTS STICKS w/ RANCH ½ oz. W.G. WHEAT THINS</p> | <p><u>BREAKFAST</u></p> <p>½ oz. W.G. OATMEAL w/RAISINS ½ C. TANGERINES 6 oz. MILK</p> <p><u>LUNCH</u> TUNA SANDWICH</p> <p>1 oz. TUNA ½ oz. W.G. BREAD ½ C. GREEN SALAD W/RANCH ¼ C. PINEAPPLE 6 oz. MILK</p> <p><u>SNACK</u> YOGURT CONE W/ FRUIT</p> <p>½ oz. YOGURT ½ oz. ICE CREAM CONE ¼ C. MIXED BERRIES (FRESH)</p> | <p><u>BREAKFAST</u></p> <p>½ oz. W.G. CHEERIOS ½ C. MIXED FRUIT 6 oz. MILK</p> <p><u>LUNCH</u> BEAN & CHEESE BURRITOS</p> <p>½ oz. TORTILLA 1 oz. BEANS & ½ oz. CHEESE ¼ C. SALSA & ¼ C. OLIVES ¼ C. MIXED FRUIT 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ oz. CLUB CRACKERS ½ oz. 100% JUICE</p> |
| MONDAY 4/27 | TUESDAY 4/28 | WEDNESDAY 4/29 | THURSDAY 4/30 | FRIDAY 5/1 |
| <p><u>BREAKFAST</u></p> <p>½ oz. W.G. CHEERIOS ½ c. PEARS 6 oz. MILK</p> <p><u>LUNCH</u> LASAGNA</p> <p>1 oz. CHEESE ½ oz. GROUND BEEF 1 oz. PASTA ½ C. MIXED VEGETABLES ¼ C. APPLESAUCE 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ oz. CLUB CRACKERS ½ oz. 100% JUICE</p> | <p><u>BREAKFAST</u></p> <p>½ oz. W.G. OATMEAL ½ C. TANGERINE/RAISINS 6 oz. MILK</p> <p><u>LUNCH</u> IRISH GROUND BEEF & CABBAGE</p> <p>1 ½ oz. GROUND BEEF ¼ C MASHED POTATOES ¼ C. CABBAGE ½ oz. W.G. SLICED BREAD ¼ C. <i>applesauce</i> 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ C. MANGOS ½ oz. GRAHAM CRACKERS</p> | <p><u>BREAKFAST</u></p> <p>½ oz. BAGELS w/ CREAM CHEESE ½ C. STRAWBERRIES 6 oz. MILK</p> <p><u>LUNCH</u> LITTLE SMOKIES</p> <p>½ oz. W.G. SLICED BREAD 1 ½ oz. LIL SMOKIES ½ C. GREEN BEANS ¼ C. KIWI 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ oz RITZ CRACKERS ½ C. WATERMELON</p> | <p><u>BREAKFAST</u></p> <p>½ oz. W.G. CORNFLAKES ½ C. BANANAS 6 oz. MILK</p> <p><u>LUNCH</u> LAHMAJUNE (ARMENIAN PIZZA)</p> <p>1 oz. GROUND BEEF ½ C. ARMENIAN SALAD ½ oz. FLOUR TORTILLA ¼ C. GRAPES 6 oz. MILK</p> <p><u>SNACK</u></p> <p>½ oz. GOLD FISH ½ C. ORANGES</p> | <p><u>BREAKFAST</u></p> <p>½ oz. WAFFLES ½ C. MIXED FRUIT 6 oz. MILK</p> <p><u>LUNCH</u> TERIYAKI CHICKEN DRUMSTICKS</p> <p>1 ½ oz. CHICKEN ½ oz. HAWAIIAN ROLL ½ C. COLESLAW ¼ C. MIXED FRUIT 6 oz. MILK</p> <p><u>SNACK</u></p> <p>2 oz. YOGURT ½ oz. ANIMAL COOKIES</p> |

Children under 2-Whole Milk Children 2 and older 1% Milk Unflavored Milk

NOTE Fruit selections are subject to change due to availability

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MAY MENU

SCHOOL AGE

| MONDAY 5/4 | TUESDAY 5/5 | WEDNESDAY 5/6 | THURSDAY 5/7 | FRIDAY 5/8 |
|--|--|--|--|--|
| <p align="center"><u>BREAKFAST</u></p> <p>1 oz. W.G. CHEERIOS ½ C. FRUIT COCKTAIL 8oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Turkey Sandwich</i></p> <p>1 oz. W.G. BREAD 1 oz. DELI TURKEY 1 oz. SLICED CHEESE ½ C. CARROT STICKS ¼ C. PEACHES 8oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. CLUB CRACKERS ¾ C. 100% JUICE</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. W.G. OATMEAL w/ RAISINS ½ C. RED APPLES 8 oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Lasagna</i></p> <p>2 oz. MEAT 1oz. PASTA ½ C. GREEN SALAD ¼ C. ORANGES 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. RITZ CRACKERS ¾ C. KIWI</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. BAGEL W/ CREAM CHEESE ½ C. GRAPES 8 oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Teriyaki Chicken</i></p> <p>2 oz. CHICKEN 1 oz. W.G. BROWN RICE ½ C. PEAS & CARROTS ¼ C. TANGERINE 8 oz. MILK</p> <p align="center"><u>SNACK</u> <i>"BANANA SPLIT"</i></p> <p>4 oz. YOGURT ¾ C. BANANAS 1/8 C. GRANOLA</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. FRENCH TOAST STICKS ½ C. GREEN APPLE SLICES 8 oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Broccoli Cheese Soup</i></p> <p>1 oz. CHEESE & 1 oz. BACON 1 oz. W.G. SLCIED BREAD ½ C. BROCCOLI ¼ C. CANTALOUPE 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. PRETZELS ¾ C. D'ANJOU PEARS</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. W.G. TOAST W/JELLY ½ C. MIXED FRUIT 8 oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Pizza Muffins</i></p> <p>1 oz. ENGLISH MUFFIN 1 ½ oz. CHEESE ½ oz. PEPPERONI ½ C. GREEN SALAD w/ DRESSING ¼ C. MIXED FRUIT 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. GRAHAM CRACKERS 8 oz. MILK</p> |
| MONDAY 5/11 | TUESDAY 5/12 | WEDNESDAY 5/13 | THURSDAY 5/14 | FRIDAY 5/15 |
| <p align="center"><u>BREAKFAST</u></p> <p>1 oz. W.G. CORNFLAKES ½ C. PEACHES 8oz. MILK</p> <p align="center"><u>LUNCH</u> <i>CFC Lunchable</i></p> <p>1 oz. RITZ CRACKERS 1 ½ oz. CHEESE SLICE ½ oz. SALAMI ½ C CELERY w/ RANCH ¼ C. PEARS 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. GOLDFISH CRACKERS ¾ C. CARROT STICKS W/ RANCH</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. W.G. CHEERIOS ½ C. RED APPLES 8 oz. MILK</p> <p align="center"><u>LUNCH-Bistro</u> <i>Ham & Cheese Quiche</i></p> <p>1 oz. PIE CRUST 1 EGG 1 oz. CHEESE & 1 oz. HAM ½ C. COOKED CARROTS ¼ C. TANGERINES 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. ANIMAL CRACKERS 8 oz. MILK</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. RAISIN BREAD ½ C. BANANA 8oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Fish Sticks</i></p> <p>2 oz. FISH STICKS 1 oz. HAWAIIAN ROLL ½ C. COLESLAW ¼ C. PINEAPPLE 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. GOLDFISH ¾ C. 100% JUICE</p> | <p align="center"><u>BREAKFAST</u></p> <p>¼ C. GUACAMOLE 1 oz. W.G. TOAST ½ C. CHERRY TOMATOES 8 oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Sweet & Sour Meatballs</i></p> <p>1 oz. W.G. BROWN RICE 1 ½ oz. MEATBALLS ½ C. STIR FRY VEGGIES ¼ C. MIXED FRUIT 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. RITZ CRACKERS 1 oz. STRING CHEESE</p> | <p align="center"><u>BREAKFAST</u></p> <p>1 oz. W.G. OATMEAL w/ RAISINS ½ C. MIXED FRUIT 8 oz. MILK</p> <p align="center"><u>LUNCH</u> <i>Red Turkey Enchiladas</i></p> <p>1 ½ oz. GROUND TURKEY ½ oz. SHREDDED CHEESE ½ oz. W.G. TORTILLA ¼ C. PINTO BEANS ¼ C. MANDARIN ORANGES 8 oz. MILK</p> <p align="center"><u>SNACK</u></p> <p>1 oz. LIFE CEREAL 8 oz. MILK</p> |

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